

PLEASE DO NOT
UNSTAPLE THIS
PACKET.



Sacred Hearts Parish

*Sacred Hearts Church
165 South Main Street
Bradford, MA 01835*

*Saint Patrick Church
114 Center Street
Groveland, MA 01834*

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Come, Holy Spirit,
fill the hearts
of your faithful
and kindle in them
the fire of your love!

Full Packet due 4/15/26.

Sacred Hearts Parish Confirmation Program



Welcome to Sacred Hearts Parish Confirmation Program! Students are prepared during the winter/spring to receive the sacrament when the bishop visits us in the following fall. We will communicate the date(s) of the bishop's visit as soon as they are known to us.

Included in this packet you will find the following forms.

- **Summary Page**– Summary of all required information to be put into our sacramental register. More detailed information will be filled out later in the packet if necessary.
- **Sponsor Choice Guidelines and Sponsor Choice Form**
- **Sponsor interview**—to be completed with your sponsor during the sponsor dinner on 3/28/26. This copy is for informational purposes and only needs to be completed at home if you or your sponsor cannot attend the dinner. We will have these forms available at the dinner.
- **Choosing a Saint Guide**
- **Confirmation Name/Saint Choice Report**
- **Letter of Intent to Bishop Hennessey**— We will begin this during regular class time, final draft to be done at home.
- **Ministry Report of Service hours**

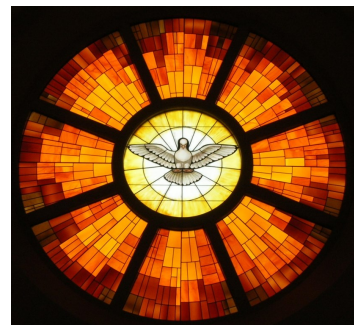
Other important items:

- The most important thing we can do as Catholics is to attend Mass and receive the Eucharist frequently. Sacred Hearts Masses each weekend are on Saturday at 4pm and Sunday at 7:30 am, 9:00 am, and 11:30 am. Mass is offered at St. Patrick Church Sunday mornings at 10:15.
- There will be a night of reflection and rehearsal at least one week prior to the confirmation service. Date TBD.

Please note: If your child was baptized in a non-Catholic (e.g. Protestant) church, please attach a copy of the certificate the child received when they made his/her first holy communion and made a profession of faith. If child has not made first communion, please speak with us ASAP.

Sacred Hearts Parish
Confirmation Program
SUMMARY PAGE

(for sacramental records)



CANDIDATE NAME _____ DOB: _____

ADDRESS _____

MOTHER'S FIRST AND MAIDEN NAME (as listed on birth certificate) _____

First

Maiden

FATHER'S NAME (as listed on birth certificate) _____

First

Last

CHOSEN CONFIRMATION SPONSOR _____

First

Last

CHOSEN SAINT NAME _____

PARISH OF BAPTISM _____

(if not at Sacred Hearts/St. Patrick, please attach copy of baptismal record)

DATE OF BAPTISM _____

STREET ADDRESS OF PARISH _____

CITY & STATE OF PARISH OF BAPTISM _____

If the candidate was not baptized at Sacred Hearts Parish or St. Patrick, a copy of their Baptismal Certificate should be attached to this form. If you do not have a copy, please contact the Church where your child was baptized. Do not attach originals.

Sacred Hearts Parish

Confirmation Program



SPONSOR CHOICE GUIDELINES

Candidates should look for a person who sets an example as a practicing Catholic, as well as a spiritual guide. The Confirmation Sponsor assumes a lifelong commitment to pray for and help a Candidate mature as an adult Catholic—encouraging the Candidate to persevere in the Faith for a lifetime! Sponsors are second only to parents in helping you prepare for Confirmation. While the Sponsor cannot be a parent, he or she need not be the same gender as the Candidate. *The Catechism of the Catholic Church* states, “The Sponsor for Confirmation is one who, fittingly, is a spiritual help to the Candidate.” *The Catechism* also suggests, “Candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a Sponsor. To emphasize the unity of the two Sacraments, it is appropriate that this be one of the Baptismal godparents” (§1311). Before making your choice, read the Catholic Church’s Eligibility Requirements for Confirmation Sponsors (listed below); a Sponsor (or Proxy, if needed) must meet all these requirements.

ELIGIBILITY REQUIREMENTS FOR A CONFIRMATION SPONSOR

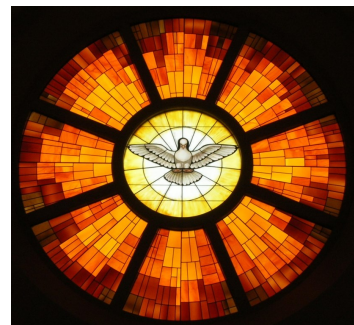
- May not be one of the Candidates’ parents
- Must be 16 years of age or older at the time of the Mass of Confirmation
- Must have received the Sacraments of Initiation (Baptism, Eucharist, Confirmation)
- Must be a practicing Catholic who faithfully attends weekly Sunday Mass
- Must be a living witness to the Catholic faith through regular participation in the sacramental life of the Church
- Must have a good working knowledge of the candidate’s readiness for reception of the sacrament to testify on the candidate’s behalf (this presumes that the sponsor has met and discussed matters of faith with the candidate)

Once you have selected your sponsor, please complete the next page, and add the sponsors name to the summary page.

Sacred Hearts Parish

Confirmation Program

SPONSOR CHOICE FORM



CONFIRMATION CANDIDATE INFORMATION

Please print all information.

CONFIRMATION CANDIDATE'S NAME

FIRST NAME

LAST NAME

CONFIRMATION SPONSOR INFORMATION

Please indicate only ONE Sponsor Name.

For more information on guidelines for choosing a Sponsor, see page Sponsor Choice Guidelines.

NAME OF CONFIRMATION CANDIDATE'S SPONSOR: _____

Last

First

Middle

SPONSOR'S PHONE NUMBER _____

SPONSOR'S EMAIL ADDRESS _____

RELATIONSHIP TO CANDIDATE _____

GODPARENT? ☐ Yes ☐ No

NAME OF SPONSOR'S PARISH _____

CITY & STATE OF PARISH _____

NAME OF PARISH WHERE SPONSOR WAS CONFIRMED _____

CITY & STATE OF PARISH _____

Sacred Hearts Parish
Confirmation Program
SPONSOR INTERVIEW FORM



****REFERENCE COPY ONLY****

This exercise will be completed at the sponsor/candidate dinner on March 28, 2026. This insert is only for students who cannot make that dinner, or whose sponsor cannot make the dinner. If you or your sponsor can not attend the dinner, please complete this exercise on your own.

CONFIRMATION CANDIDATE NAME

First name

Last name

CANDIDATE'S INTERVIEW WITH THEIR SPONSOR GUIDE

1. Have you always been a Catholic? Has your faith always been an important part of your life or did you come to a deeper appreciation of your faith that helped you to grow closer to God? Who or what has influenced you to grow closer to God?
2. How do you practice your faith? Attend Sunday Mass weekly? Daily Mass? Holy Hours? Adoration? Confession? Other prayer times?
3. When do you pray? What prayers do you prefer?
4. What is your favorite part of Holy Mass?
5. Do you have a favorite saint or devotion? The Sacred Heart? The Blessed Mother?
6. Do you have any particular childhood memories of the faith or of your experiences in worshipping God? Did your family have any special traditions tied to the faith?
7. Have you ever had to defend the faith? The Church? When? How?
8. Are you active in your Church? How? What do you find rewarding and why?
9. Do you do community service? What? How do you feel about helping others?
10. Who is your Confirmation Saint? Why did you choose that Saint?
11. How have the Gifts of the Holy Spirit made a difference in your life?

Sponsor Signature_____ **Date**_____

Sacred Hearts Parish
Confirmation Program
CHOOSING A SAINT GUIDE



Your name gives you an identity. It tells others who you are. When you were Baptized, your parents chose your name. Now that you are preparing for Confirmation it is time to choose the name you will take as a sign of growth in your faith.

Your Confirmation name should reflect your new role as a mature Christian. The tradition of taking on a name to show a new role can be traced back to the Hebrew Scriptures.

Please choose a Christian Confirmation name (i.e., a Saint's name). You may also use your Baptismal name if it is a Saint's name.

Whether you were given a Saint's name at Baptism, or you are taking one now at Confirmation, please research that Saint. Your research will be recorded on the next page.

1—Research background information on the Saint (when and where they lived, what are they the patron saint of, etc.)

2—How did the Saint lead a holy life?

3—Explain why you selected that Saint—what do you admire about them?

While not required, does this Saint also share the name of another family member, alive or deceased, who has played an important role in your faith life?

Sacred Hearts Parish
Confirmation Program
SAINT CHOICE REPORT



Please print all information.

CONFIRMATION CANDIDATE'S NAME:

FIRST NAME

LAST NAME

CHOSEN SAINT NAME: _____

(**PLEASE ADD SAINT NAME TO SUMMARY PAGE**)

WHAT IS THIS SAINT THE PATRON OF? _____

WHAT IS THEIR BIRTH AND DEATH DATE? _____

WHEN WERE THEY CANONIZED? _____

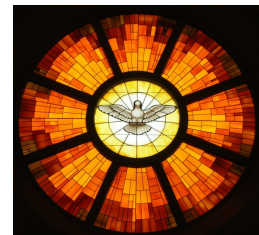
HOW DID THEY LEAD A HOLY LIFE? _____

WHY DID YOU CHOOSE THIS SAINT? _____

Sacred Hearts Parish

Confirmation Program

LETTER OF INTENT



We will work on your letter to our regional bishop explaining your desire to be confirmed using the rubric below during class. The final letter must be typed at home according to this rubric.

In the letter, you'll outline the ways in which you intend to live as a confirmed Catholic who is fully initiated into the Body of Christ and the Sacred Hearts Parish community. Please do **NOT mail the letter directly to Bishop Hennessey**. We will go over the letters and share any recommendations for edits before you type your final draft.

SAMPLE LETTER

Your Street Address

City, State, Zip Code

Date (please put June 1 of the current year)

Most Reverend Robert Hennessey

Auxiliary Bishop of Boston - Merrimack Region

Saint John the Baptist Rectory

110 Lincoln Avenue

Haverhill, MA 01830

Dear Bishop Hennessey:

Why do you want to be Confirmed? Explain why in two or three sentences. Next, in two or three sentences, outline the ways that you are preparing for Confirmation.

Discuss the Saint that you chose for your Confirmation name. How did this Saint lead a holy life? What do you admire most about this saint? Is this Confirmation name also in honor of a relative or friend? (not required) If so, please explain that person's faith role in your life.

Who did you choose to be your Confirmation Sponsor? Why? How does your Sponsor lead a holy life? What qualities of your sponsor do you admire? Are they active in their Church or community? Do they inspire you? Do they volunteer? Please explain.

How will you continue to live out your Catholic faith after Confirmation? Provide examples of how you will be able to live out your faith.

Sincerely in Christ,

(Your Signature)

(Type your name)

Sacred Hearts Parish

Confirmation Program

VOLUNTEER MINISTRY REPORT



During your time in the program, you should complete 4 hours of service.

At least 2 of these hours should be completed at Sacred Hearts Parish. Service in one's home parish is an important part of being a Catholic adult. All 4 hours can be here at the parish, if you wish. Examples of parish ministry:

- ◇ Help with Coffee and Donuts 2-3x during the year
- ◇ Join a committee
- ◇ Serve our young children as a catechist or as an aide weekly throughout the year
- ◇ Help with set up during an event
- ◇ Lector at Mass occasionally throughout the year

We will have opportunities for service hours throughout the year. These will be communicated through email and in our weekly bulletins.

Please complete this log for parish service and all other types of service and below it write a paragraph sharing what you learned through this experience. Did you grow closer to Christ? Did you see Christ in others? How did it impact your faith?

Date	Number of hours	Type of service (What did you do?)